

**Please register me for the April 29, 2006 workshops.** Use this form to sign up for workshops to be held on April 29, 2006. While workshops are free, pre-registration is required. Space is limited, so please reserve your seat early. You will receive additional information after you have registered.

Name(s) of person(s) who will be attending

Address

City, State Zip

Phone

E-Mail Address

Mail or Fax completed forms to:

Virginia Commonwealth University  
Neuropsychology/Rehabilitation

Psychology

Post Office Box 980542

Richmond, Virginia 23298-0542

PHONE: (804) 828-3704

FAX: (804) 828-2378

**Register here for  
April 29, 2006  
WORKSHOPS**

### When and where are the workshops scheduled?

Workshops, held at VCU Medical Center's Learning Center, start at 10 a.m. and end at 3:30 p.m. on Saturday March 18<sup>th</sup> and Saturday April 29<sup>th</sup>. The Learning Center is located on the first floor of the Main Hospital. Directions are provided when your registration is confirmed.

### What topics will be covered on March 18<sup>th</sup>?

- ◆ Dating, Romance and Intimacy — *Dr. Jan Niemeier*
- ◆ Perplexing, Persistent Problems: Evaluating and Treating Long-Term Medical Issues — *Dr. Nathan Zasler*
- ◆ What We Know about Long-Term Recovery — *Dr. Jeff Kreutzer*

### What topics will be covered on April 29<sup>th</sup>?

- ◆ How to Build and Keep a Positive Self Image — *Dr. Jan Niemeier*
- ◆ Getting Back to Work — *Dr. Jeff Kreutzer*
- ◆ Taking Care of Yourself — *Dr. Lee Livingston*

### Who is sponsoring the workshops?

A partnership including Virginia Commonwealth University Medical Center, the Brain Injury Association of Virginia, and the National Resource Center for TBI.

In place for more than 15 years, the Virginia Commonwealth University (VCU) Traumatic Brain Injury Model System of Care (TBI MS) has excellent resources to meet the needs of survivors in the hospital. Yet, survivors and family members often face long-term difficulties long after leaving the hospital. Many people are disappointed with the pace of recovery. Some are disappointed by the lack of community resources. Many survivors and family members have questions about getting better and the types of help that can best meet their needs.

The community education workshops were developed in an effort to meet the needs of survivors and family members as they struggle with post-injury challenges. The "Getting Better and Better after Brain Injury" workshops offer practical information, ideas, and suggestions presented by experienced rehabilitation professionals from the VCU Medical Center. Attendees are encouraged to participate by asking questions and discussing physical or emotional recovery concerns.

### How much does registration cost and how can I register?

Registration is **FREE!** thanks to our co-sponsors. To register fill out and mail one of the attached registration forms. You may also register or get more information by calling Jenny Marwitz at (804) 828-3704 or emailing [jhmarwit@vcu.edu](mailto:jhmarwit@vcu.edu).

**Please register early; seating is limited!**

**The Virginia  
Commonwealth  
University  
TBI Model System  
Presents the**

# **2006 Getting Better <sup>and</sup> Better After Brain Injury**

**Educational  
Workshops  
for TBI Survivors and  
Their Families**

*Register for  
Free!*

VCU, PM&R  
Traumatic Brain Injury Model System  
P.O. Box 980542  
Richmond, VA 23298-0542

**Please register me for the MARCH 18, 2006 workshops.** Use this form to sign up for workshops to be held on March 18, 2006. While workshops are free, pre-registration is required. Space is limited, so please reserve your seat early. You will receive additional information after you have registered.

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